

Jessica Rector, MBA

Blaze Your Brain
Jessicarector.com



Jessica Rector Bio

Jessica's mission is simple: because her brother died, she wants to help you truly live.

As the Founder and CEO of the well-being company, Blaze Your Brain, Jessica Rector, MBA is the authority on breaking through burnout and tackling your inner communication and turning it into outer success and positive action!

Blaze Your Brain consults with companies and trains teams to become their best, amazing self by enhancing mental health and eradicating burnout out.

As a #1 best-selling author of ten books, she has shared the stage with Michelle Obama and worked with clients such as Scotiabank, NBCUniversal, the Dallas Mavericks, and Fortune's #2 "Best Company to work for," and has been seen on ABC, NBC, CBS, and FOX for creating change.

When she's not traveling around the world for work, Jessica enjoys learning about the exciting world of Transformers, so she can carry on real conversations with Blaze Your Brain's Chief Fun Officer, her nine-year-old son, Blaise, who is also a #1 best-seller author and the youngest published author in the United States.